

PERMISSION LETTER

Date- 6/04/26

To

The Principal
Manikpur Anchalik College
Manikpur, Bongaigaon

Subject: Prayer for Permission to Organise an Awareness Programme on “Health: A Foundation of Well-being”


Respected Sir,

With due respect, I would like to inform you that IIC & Prahari Club, in collaboration with IQAC, Manikpur Anchalik College proposes to organise an Awareness Programme on the topic “Health: A Foundation of Well-being” on 11/04/2026.

Therefore, I request you kindly to grant permission to organise the programme and allow the necessary arrangements for its successful conduct.


Thanking you.

Approved by the Principal



Principal
Manikpur Anchalik College
Manikpur
Principal
Manikpur Anchalik College
Manikpur

Yours faithfully,



Swapna Rani Barman Deka
Coordinator, IQAC
Manikpur Anchalik College

NOTICE

Date: 7-04-2026

This is for information to all students, teachers, and staff of Manikpur Anchalik College that the IIC & Prahari Club, in collaboration with IQAC, Manikpur Anchalik College is going to organise an Awareness Programme on the theme “Health: A Foundation of Well-being” on 11/04/2026 at Hall-4.

Vibek Rabin, the Guest Speaker will attend the programme as the resource person and will deliver an awareness talk on health and well-being.

All concerned are cordially invited to attend the programme and make it successful.

Venue: Hall -4

Time: 11:00 A.M.

Issued with the approval of the Principal



Coordinator, IQAC
Manikpur Anchalik College



Organised by
IIC & Prahari Club

in collaboration with

IQAC, Manikpur Anchalik College



**INSTITUTION'S
INNOVATION
COUNCIL**
(Ministry of HRD Initiative)

AN AWARENESS PROGRAM

on the Topic

**“Health: A Foundation
of Well-being”**

Guest Speaker

Vibek Rabin

2nd Year, Bachelor in Medical Technology
AMCH, Dibrugarh



Date:
11 April 2026
(Saturday)



Time:
11:00 AM



Venue:
Hall- 5,
Manikpur Anchalik College



Let's Build a **Healthier Future Together**



OFFICE OF THE PRINCIPAL
MANIKPUR ANCHALIK COLLEGE

P.O.- MANIKPUR :: DIST.- BONGAIGAON (ASSAM)

PIN- 783392

Accredited by NAAC with Grade 'B'

From,

Dr. Rabinjyoti Khataniar, MA, Ph.D.

Principal

Manikpur Anchalik College

Mobile : 6003292597

Phone : 03664-296505 (0)

E-mail : manikpuranchalikcollege@gmail.com

Website: www.manikpuranchalikcollege.ac.in

Affiliated to Gauhati University and Recognised under Section 2(f) and 12 (b) of UGC Act 1956.

Ref. No. MAC/

Date:

11

04

2026

**REPORT ON AWARENESS PROGRAMME ON
“HEALTH: A FOUNDATION OF WELL-BEING”**

An Awareness Programme on the theme “Health: A Foundation of Well-being” was organised by the IIC & Prahari Club in collaboration with IQAC, Manikpur Anchalik College on 11-04-2026 at Hall-4 of Manikpur Anchalik College.

The objectives of the Program

The program was organised with the objective of creating awareness among students regarding physical health, mental well-being, hygiene, healthy lifestyle, and preventive healthcare practices. The program began with a welcome address highlighting the importance of health awareness among students.

Vibek Rabin, a 2nd Year, Bachelor in Medical Technology of AMCH, Dibrugarh attended the program as the Guest Speaker and delivered a very informative lecture on maintaining a healthy lifestyle, proper food habits, stress management, and the importance of regular health check-ups. He also interacted with both students and teachers and answered various health-related queries.

A total number of 130 students and a large number of teachers and staff members participated in the program enthusiastically. The session was highly informative and beneficial for the participants.

The programme concluded with a vote of thanks expressing gratitude to the resource person, organisers, and participants for making the programme successful.

Coordinator IIC & Prahari Club Manikpur Anchalik College

IQAC, Co-ordinator
Manikpur Anchalik College
Manikpur

**Co-ordinator, IQAC
Manikpur Anchalik College
Manikpur**

Principal
Manikpur Anchalik College
Manikpur

**Principal
Manikpur Anchalik College
Manikpur**

Workshop on Pepa Making & its functioning

Date - 17/02/26

Venue - H-04

A One-Day workshop on Pepa Making & Its Functioning was organised to promote awareness about Assamese traditional musical heritage of Assam among the students. The resource person was Mr. Manuj Phukan, BEO, Bilasipara.

Agenda of the Workshop

1. Welcome Address
2. Felicitation Program
3. Introduction and demonstration of Pepa-making process
4. Interaction session with students
5. Vote of thanks

LIST OF PARTICIPANTS -

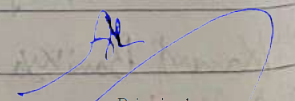
SL.	NAME	SEMESTER	DEPARTMENTS	SIGNATURE
2	Haimu Ray	2nd Sem	P.S minor	Haimu Ray
3	Anupoma Subradhar	2nd semester	Philosophy	Anupoma Subradhar
4	Jaya Barman	2nd sem	Philosophy	Jaya Barman
5	Laxmi Nath	2nd sem	Education	Laxmi Nath
6	Ganeshita Ray	2nd Sem	Education	Ganeshita Ray.
7	Geetima Sarkar	2nd Sem	Education	Geetima Sarkar
8	Geetika Bala Ray	2nd sem	Education	Geetika Bala Ray
9	Barosa Bala Barman	2nd sem	Philosophy	Barosa Bala Barman
10	Salema Begum (6001628115)	2nd Sem	Education	Salema Begum
11	Nikumani Ray 7636912299	2nd sem	Political Science	Nikumani Ray
12	Dikshita Ray 845319436	2nd Sem	History	Dikshita Ray

SL	NAME	SEMESTER	DEPARTMENT	SIGNATURE
13	Alimpi Ray (7002743700)	2nd Sem	Economics	Alimpi Ray
14	Najmin Sultana	2nd Sem	Ps. S	Najmin Sultana
15	Bharmali Roy	2nd sem	Education	Bharmali Roy
16	Reshmima Khatun (789675 9012)	2nd sem	Education	Reshmima Khatun
17	Sonali parbin (9577508084)	2nd sem	Education	Sonali parbin
18	Moxium Khatun (8876745825)	2nd sem	Education	Moxium Khatun
19	Halima Khatun 8099682672	2nd sem	Philosophy	Halima Khatun
20	Takmina Khatun (8133949158)	2nd sem	Education	Takmina Khatun
21	Prityanka Das (7099318275)	2nd Sem	History	Prityanka Das
22	Soneu Ray (8099983059)	2nd sem	History	Soneu Ray
23	Dipandita Kalita (9393867155)	2nd sem	History	Dipandita Kalita
24	Limpi Ray (8724998384)	6th Sem	Assamese	Limpi Ray
25	Borakha Ani Roy (8472843903)	6th sem	Assamese	Borakha Ani Roy
26	Jasmina Begum (8011169955)	2nd sem	Assamese	Alkas Jasmina Begum
27	Hasida Begum (8099436792)	2nd sem	Philosophy	Hasida Begum
28	Lipika majumder (600497302)	2nd sem	Assamese	Lipika majumder
29	Pramila Mandal (7002166507)	2nd sem	Assamese	Pramila Mandal
30	Kanika Nath (6002682766)	6th Sem	Assamese	Kanika Nath
31	Champa Das (7002128347)	2nd Sem	Political	Champa Das
32	Bitu Kumar Das (939594603)	2nd sem	Assamese	Bitu Kumar Das
33	Mousumi Bhawmik (9395894603)	2nd sem	Assamese	Mousumi Bhawmik
34	Bornali palgiri (9387374789)	6th sem	Assamese	Bornali palgiri
35	Himani Chouhan (7099869516)	6th sem	Assamese	Himani Chouhan
36	Mampei Roy (8453140098)	6th Sem	Assamese	Mampei Roy
37	Baniara Khatun (7002043468)	2nd Sem	Assamese	Baniara Khatun
38	Roushanara Khatun (8011554688)	2nd sem	Assamese	Roushanara Khatun
39	Sneha Poddar (6000846796)	6th Sem	Geography	Sneha Poddar
40	Kaiba Begum (6002475721)	6th Sem	Geography	Kaiba Begum
41	Shahina Parbin (9864631953)	6th sem	Geography	Shahina Parbin
42	Azabi Rajbhar (7099930931)	6th Sem	Geography	Azabi Rajbhar
43	Elorca Ray (8753926721)	6th Sem	Geography	Elorca Ray
44	Daijee Das 9395450215	6th Sem	Geography	Daijee Das
45	Himadri Ray 9395656516	4th sem	Assamese	Himadri Ray
46	Pramila Barman 8638521668	4th sem	Assamese	Pramila
47	Devi Ray (8753926530)	4th sem	Assamese	Devi Ray

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SL	NAME	P.No	SEM	DEPERMENT	SIGNATURE
83	Siva Mahanayak		2nd Sem	Edu	Siva Mahanayak
84	Lalohan Ali		2nd Sem	philo	Lalohan Ali
85	Lokman Ali		2nd Sem	HIS	Lokman Ali
86	Abbas Ali		2nd sem	HIS	Abbas Ali
87	Sahidul Islam		4th sem	Political	Sahidul Islam
88	Monowar Hussain 7896040242		2nd sem	Political	Monowar
	6001959531				
89	Abd Hafidul Islam-8019041354		2 nd Sem	P. Science	Abd Hafidul Islam
90	Mirasmita Sarkar-8822709667		4 th Sem	Education	Mirasmita Sarkar
91	Basmali Biswas-6900511313		4 th sem	P. Science	Basmali Biswas
92	Sabita Barman-9957206921		4 th Sem	P. Science	Sabita Barman
93	Shiceli Sarkar-9101467237		4 th Sem	P. Science	Shiceli Sarkar
94	Champa Baishya-7086219668		4 th Sem	philosophy	champa Baishya
95	Jumi Das-7395436141		6 th sem	Assamese	Jumi Das
96	Fulcon Das-9707679844		6 th sem	Assamese	Fulcon Das
97	Tarali Pathak-8472890783		6 th sem	Assamese	Tarali Pathak
98	Baransha Nath-8876141417		6 th sem	Assamese	Baransha Nath
99	Promjit Baseman 7876804069		2 th Sem	PSC	Promjit Baseman
100	polan mon dal - 978788999		2 th sem	PSC	polan mon dal
101	Saidul Islam		2 nd sem	P.S	Saidul Islam
102	Pranab Das-9864915573		2 nd Sem	P. Science	Pranab Das
103	Manjil Ali-9954367668		2 nd sem	P. Science	Manjil Ali
104	Trishna Ray-4250990524		4 th sem	English	Trishna Ray
105	Manisha Ray-8486545796		4 th sem	Assamese	Manisha Ray
106	Dhiramoni Ray-9957965041		4 th Sem	Assamese	Dhiramoni Ray
107	Puja Das-6003182234		4 th sem	philo	Puja Das
108	Preeti Ray				
109	Parasmita Ray				
110	Kanmoni Ray				
111	Bonitsmita Ray				
112	Barekha Ray				
113	Chenu mani Ray				
114	Semi Begum.				
115	Chandrika Barman		6 th sem		

SL	NAM
116	Kammon
117	Prityam
118	Mamoni
119	Pritya
120	Aparna
121	Jayabala
122	pinky
123	Doli
124	Pritya
125	Krishna
126	Krishna
127	Barsha
128	Sonali P
129	Pap
130	Nik


 Principal
 Manikpur Anchalik College
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