



OFFICE OF THE PRINCIPAL
MANIKPUR ANCHALIK COLLEGE

P.O.- MANIKPUR :: DIST.- BONGAIGAON (ASSAM)

PIN- 783392

Accredited by NAAC with Grade 'B'

From,

Dr. Rabinjyoti Khataniar, MA, Ph.D.

Principal

Manikpur Anchalik College

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Website: www.manikpuranchalikcollege.ac.in

Affiliated to Gauhati University and Recognised under Section 2(f) and 12 (b) of UGC Act 1956.

Ref. No. MAC/

Date:

16

05

2026

**Awareness Program on Women's Health Successfully Organised at
Manikpur Anchalik College.**

Manikpur, May 14, 2026:

The Department of History, Philosophy & Political Science of Manikpur Anchalik College, in collaboration with Nabaday Puthibharal, Kalgachia and IQAC, Manikpur Anchalik College, successfully organised an Awareness Program on Women's Health on 14 May 2026 at Hall-4 of the college premises. The programme began at 12:00 noon and witnessed enthusiastic participation from students and teachers.

The primary objective of the programme was to spread awareness regarding women's physical and mental health, encourage healthy lifestyles, and educate participants about preventive healthcare practices. The event aimed to create a platform where students and attendees could gain valuable knowledge from experienced medical professionals and academicians.

The programme was graced by distinguished resource persons who delivered insightful lectures on various important aspects of women's health.

Dr. Nazirul Islam, Retired Superintendent of Barpeta Civil Hospital, Kalgachia, spoke on "Women's Health in General." In his address, he highlighted the importance of proper nutrition, hygiene, regular health check-ups, and awareness about common health issues faced by women in different stages of life. He encouraged young women to prioritise their health and seek medical guidance whenever necessary.

The second session was conducted by Dr. Nazrul Islam, Senior Medical & Health Officer, Barpeta Civil Hospital, Kalgachia, who discussed "Diabetes Mellitus in General with Special Focus on Women's Health." He elaborated on the increasing prevalence of diabetes among women and explained the causes, symptoms, preventive measures, and management of the disease. He also stressed the importance of maintaining a balanced diet and regular physical activity.

The final session was delivered by Dr. M. S. Sheikh, Retired Associate Professor and former Head of the Department of Zoology, Nabajyoti College, Kalgachia. His lecture on



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“Women’s Health Problems and Their Prevention” focused on common health disorders affecting women and the importance of awareness, early diagnosis, and preventive care. His informative speech inspired students to become more conscious about health and well-being.

The interactive sessions allowed participants to ask questions and engage directly with the speakers, making the programme highly informative and meaningful.

And also held a quiz competition by Nabaday Puthibharal among students from those topics and distributed prizes.

Students expressed their appreciation for the initiative and acknowledged the relevance of such awareness programmes in today’s society.

The organising departments extended heartfelt gratitude to all the invited speakers, faculty members, students, and supporting staff for their valuable cooperation and participation, which contributed to the grand success of the programme.

The programme concluded with a vote of thanks by ex incharge principal Martuz Ali Ahmed , reaffirming the college’s commitment to promoting health awareness, education, and social responsibility among students and the community.

Principal
Manikpur Anchalik College

Manikpur

Principal

Manikpur Anchalik College

Manikpur

Annexure- I

List of Participants for the Awareness Program on Women's Health Dated - 14/05/26 (Students)

| Sl. Name | Sem/yr | Dept | Mobile No. |
|--------------------|----------|------------|--------------------------|
| 1. Arjuna parbin | 2 sem | Political | 6900794499 |
| 2. Arjuna Khatun | 2 sem | Philosophy | 9678305348 |
| 3. Reshmima Khatun | 2sem | Education | 7896752012 |
| 4. Anisa Khatun | 2nd sem | History | 8721841797 |
| 5. Supriya Das | 4th sem | Political | 8822857411 |
| 6. Sangita Mahata | 4th Sem | Assame | 9365817494 |
| 7. Samina Khatun | 1st Year | | 600413675 |
| 8. Mamoni Begum | 1st | | 8811856018 |
| 9. Mabuja Begum | 4th Sem | political | 6003020760 |
| 10. Takmina Khatun | 2nd sem | Education | 8133949158 |
| 11. Jasmina Khatun | 2nd sem | Political | 801283174 |
| 12. Ashiya Khatun | 1st | | 6003972773 |
| 13. Sabina Khatun | 1st | | 7896957561 |
| 14. Krishna Borman | 1st | | 9954882701 |
| 15. Minakshi Das | 1st | | |
| 16. Kausar Parbin | 2nd sem | Assamese | 7429202915 9613734093 |
| 17. Feruja Khatun | 1st | | 7063740832 |
| 18. Joyrab Begum | 1st | | 9707942223 |
| 19. Rubina Yarmun | 1st | | |
| 20. Jasmina Begum | 2nd sem | Assamese | 8011107166 801169955 |

| | | | |
|------------------------------|----------|------------|------------|
| 21. Lipika Majumder | 2nd sem | Assamese | 6001197302 |
| 22. Nikumani Ray | 2nd Sem | p.sc | 7636912244 |
| 23) Manashi Ray | 2nd sem | History | 9707001528 |
| 24) Pinky Das | 2nd Sem | Geography | 7636893733 |
| 25) Shayanika Das | | | |
| 25) Nurja Khatun | 2nd Sem | philosophy | 6002688210 |
| 26) Nurja Begum. | 2nd sem | Geography | 6001638931 |
| 27) Ibrahim Ali | 4th sem | Economics | 9365952909 |
| 28) Momtaz Ali | 6th sem. | Economic | 9395294442 |
| 29) Amar Chand Mandal | 4th sem | Education | 8811961355 |
| 30/ Jitu Mandal | 2nd sem | History | 9613582619 |
| 31/ Anjira Khatun | 4th sem | Philosophy | 9387864604 |
| 32/ Ebchana Akter | 4th sem | Philosophy | 6002143272 |
| 33) Reshmina sultana | 4th sem | political | 9678792752 |
| 34/ Sahmina Khatun | 2nd sem | Geography | 6001710140 |
| 35/ Mimara Khatun | 2nd sem | Education | 8472045660 |
| 36/ Amiyau Khatun | 2nd sem | Geography | 6900905602 |
| 37/ Umme Salma Khatun | 2nd sem | Geography | 9181404472 |
| 38) Salema Begum | 2nd sem | Education | 6001628115 |
| 39) Mamoni Maitri | 6th sem | Assamese | 6002714394 |
| 40/ Rashmita Mandal | 2nd sem | History | 7664818445 |
| 41) Supriya Sarma | 4th sem | Education | 6001033982 |
| 42) Ankita Anjeja | 4th sem | English | 7696065913 |
| 43) Puja Ghosh | 4th sem | Education | 6901410441 |
| 44) Ranjita Saha | 4th Sem | English | 6003060156 |

| | | | |
|-------------------------|---------|-------------------|-------------|
| 45/ Bhami Ray | 1st u | | 9864718622 |
| 46/ Rimpi Medhi | 1st | | 99181833902 |
| 47/ Amiera Khatun | 1st | | 8638794008 |
| 48/ Ummita Singha | 1st | | 6002598418 |
| 49/ zamila Khodun | 1st | | 6901536657 |
| 50/ Bimala Rabi das | 1st | | 8638091623 |
| 51/ Laxmi Nath | 2nd sem | Education | 9395736484 |
| 52/ Karina Ray | 1st | | 6002968701 |
| 53/ Barsha Ray | 1st | | 7636907003 |
| 54/ Jesmina Begum | 1st | | 9387948675 |
| 55/ Sayina Khatun | 1st | | 6000614435 |
| 56/ Kabita Barman | 1st | | 7896102561 |
| 57/ Kalpana Sarkar | 6th | History | 8099852265 |
| 58/ Priyanka Das | 6th | Assamese | 7638078375 |
| 59/ Monom Khatun | 4th | Political Science | 7086658960 |
| 60/ Sonali Aktara begum | 2nd | Political.s | 9957876558 |
| 61/ Shejmina Yasmin | 2nd P.S | | 9844132136 |
| 62/ Masima Aktara | 2nd | ASS | 7896829468 |
| 63/ Rejaul selam | 2nd | History | 7896829468 |
| 64/ Kushi Saha | 2nd | Geography | 6900327993 |
| 65/ Lakhi Sarkar | 2nd | Education | 8723833285 |
| 66/ Kanika Mondal | 2nd | Geography | 7638098825 |

- 67) Inatca Begum 1st 7896751795
- 68 / Nus sahira Khatun 1st 7086217118
- 69 / Jspita khatun 2nd Education 901102505
- 70 / Chayanika Das 4th sem Assamese 7896069138
- 71) Deuji Ray 4th Sem Assamse 8753926530
- 72/ Jaya Ray 2nd Education 8453131259
- 73/ Monyila Khatun 2nd philosophy 8812835948
- 74 / Rugima Khatun 2nd philosophy 7002385831
- 75 | Lalchan Ali 2nd philosophy 9101487519
- 76 | Akbal Farid 1st 9395072212
- 77 | Sai dul Islam 2nd philosophy 6000980941
- 78) Raioul Hoque 2nd philosophy 9365346558
- 79 Abbas Ali second sem 1st's 8092422429
- 80/ Lobman Ali second sem 1st's 6003779708
- 81/ Sahub uddin 4th Sem Economics 9707439194
- 82/ Amirhanis 1st Arts 9959954555209
- 83) Sanidul Islam 1st 6001267248
- 84) Mousumi Begum 2nd sem Assamese 9395120598
- 85 Soniya Begum 2nd Sem Assamese 600046319
- 86 Mafida perbin 2nd Sem Assamese 9365624781
- 87 sajiya Begum. 2nd Sem. Assamese 8761811257

- 88/ Abiba Khatun 2nd sem Education 9707339993
- 89/ Saeina Parbin 2nd sem English 9954835016
- 90) Reshna Begum 1st year Education 9864503448
9957646031
- 91/ Fatema Khatun 1st year 6002013279
- 92) Reshmima Khatun 1st year 6001969082
- 93) Seli Akter parbin 1st year
- 94) Fulvona Khatun 1st year 9181386267
- 95) Karima Begum 1st year 6000767049
- 96) Karabi Adhikary 4th sem 7099496042
- 97/ Niharshree Ray 4th sem Education 9101554450
- 98) Dalimi Ray 4th sem Political science 6901452343
- 99) Bhumita Hajong 4th sem philosophy 8822626139
- 100) Kiran moni Ray 4th sem Education 7099472227
- ~~101) Nabanita Ray 4th sem Education 8459~~
- 101) Nabanita Ray 4th sem Education 8453888534
- 102) Binisi Pandit 1st year 8403929546
- 103) Kammoni Ray 4th sem Assamese 6901451978
- 104) Sahira parbin 2nd sem English 9954835446
- 105) Morium Khatun 2nd sem Education 9395433327
- 106) Ajibul Hoque 2nd sem Education - 9385379853
- 107) Jannati Khatun 2nd sem Assamese - 6901449859
- 108) Anisa Khatun 2nd sem Assamese - 863895760

- 109) Arjuna Khatun 2nd Sem Education 6900707457
6000493305
- 110) Lipsita Kalita 1st year
- 111) Shajina Begum 1st year 9101848342
- 112) Bhanuma Begum 1st year 6901884632
- 113) Aditya Rajbhart 1st year
- 114) ~~Pratyaksh Dandekar~~ 1st year 8876955235
- 115) Akash Pappanar 1st year 9864345744
2638825869
- 116) Preachi Tarafdar 4th Sem 7896808325
- 117) Priyanka Mahapatra 4th Sem 7099188094
- 118) Ratna Mallick 4th Sem 9707345550
- 119) Ritika Saha 4th Sem 6002080685
- 120) Rimpi Das 1st year 7637855593
- 121) Niya Paul 1st year 9864163901
- 122) Sumi Das 2nd Sem 6000183130
- 123) Nobanita Mandal. 4th Sem 8812968560
- 124) Manjil Ali 2nd Sem 9954367668
- 125) Buddhadev Banikya. 2nd Sem 9101865725
- 126) Tanmoy Das 2nd Sem 9678835974
- 127) Kanak Banikya. 2nd Sem 8099562072
- 128) Resmina Khatun 2nd Sem 9395883467
- 129) Rejina Begum 2nd Sem 8822746104
- 130) Amina Khatun 2nd Sem 9394269894
- 131) Asma Khatun 1st year 9707438767

| | | | |
|-------------------|---------------------|---------------------|-------------|
| 182. | Trishna Ray | 4th sem | 425099 0529 |
| 133. | Manisha Ray | 4th sem | 8486545196 |
| 134 86 | Sarajina Akhara | 2 nd sem | 8099324816 |
| 135. | Sami Akhara | 2nd sem | 9394531715 |
| 136. | Dhirumoni Das | 1st year | 8876583805 |
| 137. | Arati Rajbongshi | 1st year | 8011374561 |
| 138. | Dipamani Rajbongshi | 1st year | 9387320620 |
| 139. | Daji Das | 1st year | 8761803661 |
| 140. | Popari Ray | 4th sem | 9085993365 |
| 23 | Mitali Ray | 4th Sem | 8811026218 |
| 142 | Andoripa Sarkar | 2nd Sem | 6002104747 |
| 143. | Samiwara Akhara | 4th sem. | 7896836239 |
| 144 | Jiadur Islam | 4th " | 7002294364 |
| 145 | Nejam Ali | 4th | 9395124623 |
| 146 | Armina Akhara | 1st | 7429034922 |
| 147 | Anjuma Akhara | | 8453035038 |
| 148 | Jaya Barman | | 8099399833 |
| 149 | Karishmita Ray | | 9678830184 |
| 150. | Barosa Bala Barman | | |
| 151 | Muklesa Akhara | | 6002702853 |
| 152 | Ahela Akhara | | 6901358548 |

153/ Tulika Bai'shya

96782 980 980

154/ Lomè Kumari Saha

9101891598

153/ Halida Parbin

8099670834



Principal
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Manikpur

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Awareness Program on Women's Health.

List of Faculties (Signatures)

Date → 14/05/26

1. Martuz Ali Ahmed
2. Jahangir Alam
3. Abdeel Latif.
4. Swapna R B Devi.
5. Fayaz Ali Ahmed.
6. Sakunwar Paramanik
7. Mubamad Hussain Ali
8. Meleeta Zareem Ahmed.
9. Anamika Devi



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